

Daily Health Assessment

Students



Do not return this assessment to your school. Keep this at home for your daily reference.

Student Daily Health Assessment			
1. Key Symptoms of Illness		Does the student have any of the following symptoms?	
Fever		YES	NO
Chills		YES	NO
Cough or worsening of chronic cough		YES	NO
Shortness of breath		YES	NO
Loss of sense of smell or taste		YES	NO
Diarrhea		YES	NO
Nausea and vomiting		YES	NO
2. International Travel	Has the student returned from travel outside Canada in the last 14 days?	YES	NO
3. Confirmed Contact	Is the student a confirmed contact of a person confirmed to have COVID-19?	YES	NO

If you answered “YES” to one of the questions included under ‘Key Symptoms of Illness’ (excluding fever), the student should stay home for 24 hours from when the symptoms started. If the symptom improves, the student may return to school when they feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered “YES” to two or more of the questions included under ‘Key Symptoms of Illness’ or the student has a fever, seek a health assessment. A health assessment includes calling a primary care provider like a physician or nurse practitioner, or 8-1-1 if these options are unavailable. If a health assessment is required, the student should not return to school until COVID-19 has been excluded, and symptoms have improved.

If you answered “YES” to questions 2 or 3, use the COVID-19 Self-Assessment Tool to determine if the student should seek testing for COVID-19.

If the health assessment does not recommend a COVID-19 test, the student can return to school when symptoms improve, and they feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

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